Chapter 3

Culture

Social Issues in the News

“Cows With Gas,” the headline said. In India, cows are considered sacred by that nation’s major religion, Hinduism. They are also an important source of milk and fertilizer. It is no surprise that India has almost 300 million cows, the highest number in the world, and that they roam freely in Indian cities and towns. But one problem of this abundance of cows is the methane gas they excrete as they burp and belch. They emit so much methane that scientists think Indian cows, along with some 180 million sheep and goats, are a significant cause of global warming. One reason Indian livestock emit so much methane, aside from their sheer numbers, is that they are underfed and undernourished; better diets would reduce their methane emission. However, India is such a poor country that the prospect of a better diet for livestock remains years away, and the problem of cows with gas will continue for some time to come. (Singh, 2009) Singh, M. (2009, April 11). Cows with gas: India’s global-warming problem. *Time*. Retrieved from [http://www.time.com/time/world/article/0,8599,1890646,00.html](http://www.time.com/time/world/article/0,8599,1890646,00.html)

The idea of cows with too much gas, or any gas at all, roaming city streets is probably not very appealing, but cow worship is certainly a part of India’s culture. This news story provides just one of many examples of the importance of cultural differences for beliefs and behaviors.
Although kissing certainly seems like a very normal and natural act, anthropological evidence indicates that culture affects whether people kiss and whether they like kissing.

Here is a more pleasing example. When you are in love, what can be more natural and enjoyable than kissing? This simple act is the highlight of countless movies and television shows where two people meet each other, often not liking each other at first, but then slowly but surely fall madly in love and have their first magical kiss. What we see on the screen reflects our own interest in kissing. When we reach puberty, many of us yearn for our first kiss. That kiss is as much a part of growing up as almost anything else we can think of, and many of us can remember when, where, and with whom our first kiss occurred.

Kissing certainly seems a natural, enjoyable act to most of us, but evidence from some societies indicates kissing might not be so natural after all. In traditional societies such as the Balinese and Tinguian of Oceania, the Chewa and Thonga of Africa, and the Siriono of South America, kissing is unknown, as the people there think it is unhealthy and disgusting. When the Thonga first saw Europeans kissing, they retorted, “Look at them—they eat each other’s saliva and dirt” (Ford & Beach, 1972, p. 49). Ford, C. S., & Beach, F. A. (1972). Patterns of sexual behavior. New York, NY: Harper and Row. Even in industrial societies, kissing is not always considered desirable. Until fairly recently, the Japanese abhorred kissing and did not even have a word for it until they created kissu from the English kiss, and even today older Japanese frown on kissing in public. Reflecting the traditional Japanese view, when Rodin’s famous statue The Kiss arrived in Japan in the 1920s as part of a European art show, the Japanese hid it behind a curtain. In other societies, people do kiss, but their type of kissing differs greatly from what we are used to. In one of these, people kiss the mouth and the nose simultaneously, while people in a few other societies kiss only by sucking the lips of their partners (Tanikawa, 1995; Tiefer, 1995). Tanikawa, M. (1995, May 28). Japan’s young couples discover the kiss. The New York Times, p. 39; Tiefer, L. (1995). Sex is not a natural act and other essays. Boulder, CO: Westview Press.
3.1 Culture and the Sociological Perspective

**LEARNING OBJECTIVES**

1. Describe examples of how culture influences behavior.
2. Explain why sociologists might favor cultural explanations of behavior over biological explanations.

As this evidence on kissing suggests, what seems to us a very natural, even instinctual act turns out not to be so natural and biological after all. Instead, kissing seems best understood as something we learn to enjoy from our culture, or the symbols, language, beliefs, values, and artifacts (material objects) that are part of a society. Because society, as defined in Chapter 1 "Sociology and the Sociological Perspective", refers to a group of people who live in a defined territory and who share a culture, it is obvious that culture is a critical component of any society.

If the culture we learn influences our beliefs and behaviors, then culture is a key concept to the sociological perspective. Someone who grows up in the United States differs in many ways, some of them obvious and some of them not so obvious, from someone growing up in China, Sweden, South Korea, Peru, or Nigeria. Culture influences not only language but the gestures we use when we interact, how far apart we stand from each other when we talk, and the values we consider most important for our children to learn, to name just a few. Without culture, we could not have a society.

The profound impact of culture becomes most evident when we examine behaviors or conditions that, like kissing, are normally considered biological in nature. Consider morning sickness and labor pains, both very familiar to pregnant women before and during childbirth, respectively. These two types of discomfort have known biological causes, and we are not surprised that so many pregnant women experience them. But we would be surprised if the husbands of pregnant women woke up sick in the morning or experienced severe abdominal pain while their wives gave birth. These men are neither carrying nor delivering a baby, and there is no logical—that is, biological—reason for them to suffer either type of discomfort.

And yet scholars have discovered several traditional societies in which men about to become fathers experience precisely these symptoms. They are nauseous during their wives’ pregnancies, and they experience labor pains while their wives give birth. The term *couvade* refers to these symptoms, which do not have any known

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1. The artifacts and ways of thinking, feeling, and acting that are part of any society.
biological origin. Yet the men feel them nonetheless, because they have learned from their culture that they should feel these types of discomfort (Doja, 2005). Doja, A. (2005). Rethinking the couvade. Anthropological Quarterly, 78, 917–950. And because they should feel these symptoms, they actually do so. Perhaps their minds are playing tricks on them, but that is often the point of culture. As sociologists William I. and Dorothy Swaine Thomas (1928) Thomas, W. I., & Thomas, D. S. (1928). The child in America: Behavior problems and programs. New York, NY: Knopf. once pointed out, if things are perceived as real, then they are real in their consequences. These men learn how they should feel as budding fathers, and thus they feel this way. Unfortunately for them, the perceptions they learn from their culture are real in their consequences.

The example of drunkenness further illustrates how cultural expectations influence a behavior that is commonly thought to have biological causes. In the United States, when people drink too much alcohol, they become intoxicated and their behavior changes. Most typically, their inhibitions lower and they become loud, boisterous, and even rowdy. We attribute these changes to alcohol’s biological effect as a drug on our central nervous system, and scientists have documented how alcohol breaks down in our body to achieve this effect.

This explanation of alcohol’s effect is OK as far as it goes, but it turns out that how alcohol affects our behavior depends on our culture. In some small, traditional societies, people drink alcohol until they pass out, but they never get loud or boisterous; they might not even appear to be enjoying themselves. In other societies, they drink lots of alcohol and get loud but not rowdy. In some societies, including our own, people lose sexual inhibitions as they drink, but in other societies they do not become more aroused. The cross-cultural evidence is very clear: alcohol as a drug does affect human behavior, but culture influences the types of effects that occur. We learn from our culture how to behave when drunk just as we learn how to behave when sober (McCaghy, Capron, Jamieson, & Carey, 2008). McCaghy, C. H., Capron, T. A., Jamieson, J. D., & Carey, S. H. (2008). Deviant behavior: Crime, conflict, and interest groups. Boston, MA: Allyn & Bacon.

Culture and Biology

These examples suggest that human behavior is more the result of culture than it is of biology. This is not to say that biology is entirely
unimportant. As just one example, humans have a biological need to eat, and so they do. But humans are much less under the control of biology than any other animal species, including other primates such as monkeys and chimpanzees. These and other animals are governed largely by biological instincts that control them totally. A dog chases any squirrel it sees because of instinct, and a cat chases a mouse for the same reason. Different breeds of dogs do have different personalities, but even these stem from the biological differences among breeds passed down from one generation to another. Instinct prompts many dogs to turn around before they lie down, and it prompts most dogs to defend their territory. When the doorbell rings and a dog begins barking, it is responding to ancient biological instinct.

Because humans have such a large, complex central nervous system, we are less controlled by biology. The critical question then becomes, how much does biology influence our behavior? Predictably, scholars in different disciplines answer this question in different ways. Most sociologists and anthropologists would probably say that culture affects behavior much more than biology does. In contrast, many biologists and psychologists would give much more weight to biology. Advocating a view called sociobiology, some scholars say that several important human behaviors and emotions, such as competition, aggression, and altruism, stem from our biological makeup. Sociobiology has been roundly criticized and just as staunchly defended, and respected scholars continue to debate its premises (Freese, 2008).


Why do sociologists generally favor culture over biology? Two reasons stand out. First, and as we have seen, many behaviors differ dramatically among societies in ways that show the strong impact of culture. Second, biology cannot easily account for why groups and locations differ in their rates of committing certain behaviors. For example, what biological reason could explain why suicide rates west of the Mississippi River are higher than those east of it, to take a difference discussed in Chapter 2 "Eye on Society: Doing Sociological Research", or why the U.S. homicide rate is so much higher than Canada’s? Various aspects of culture and social structure seem much better able than biology to explain these differences.

Many sociologists also warn of certain implications of biological explanations. First, they say, these explanations implicitly support the status quo. Because it is difficult to change biology, any problem with biological causes cannot be easily fixed. A second warning harkens back to a century ago, when perceived biological differences were used to justify forced sterilization and mass violence, including genocide, against certain groups. As just one example, in the early 1900s, some 70,000 people, most of them poor and many of them immigrants or African Americans, were involuntarily sterilized in the United States as part of the
**Key Takeaways**

- Culture refers to the symbols, language, beliefs, values, and artifacts that are part of any society.
- Because culture influences people’s beliefs and behaviors, culture is a key concept to the sociological perspective.
- Many sociologists are wary of biological explanations of behavior, in part because these explanations implicitly support the status quo and may be used to justify claims of biological inferiority.

**For Your Review**

1. Have you ever traveled outside the United States? If so, describe one cultural difference you remember in the nation you visited.
2. Have you ever traveled within the United States to a very different region (e.g., urban versus rural, or another part of the country) from the one in which you grew up? If so, describe one cultural difference you remember in the region you visited.
3. Do you share the concern of many sociologists over biological explanations of behavior? Why or why not?

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3. The view, popular in the early 20th century, that certain categories of people were biologically inferior and hence should be sterilized.
3.2 The Elements of Culture

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<th>LEARNING OBJECTIVES</th>
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<tr>
<td>1. Distinguish material culture and nonmaterial culture.</td>
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<td>2. List and define the several elements of culture.</td>
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<td>3. Describe certain values that distinguish the United States from other nations.</td>
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Culture was defined earlier as the symbols, language, beliefs, values, and artifacts that are part of any society. As this definition suggests, there are two basic components of culture: ideas and symbols on the one hand and artifacts (material objects) on the other. The first type, called nonmaterial culture, includes the values, beliefs, symbols, and language that define a society. The second type, called material culture, includes all the society’s physical objects, such as its tools and technology, clothing, eating utensils, and means of transportation. These elements of culture are discussed next.

Symbols

Every culture is filled with symbols, or things that stand for something else and that often evoke various reactions and emotions. Some symbols are actually types of nonverbal communication, while other symbols are in fact material objects. As the symbolic interactionist perspective discussed in Chapter 1 "Sociology and the Sociological Perspective" emphasizes, shared symbols make social interaction possible.

Let’s look at nonverbal symbols first. A common one is shaking hands, which is done in some societies but not in others. It commonly conveys friendship and is used as a sign of both greeting and departure. Probably all societies have nonverbal symbols we call gestures, movements of the hands, arms, or other parts of the body that are meant to convey certain ideas or emotions. However, the same gesture can mean one thing in one society and something quite different in another society (Axtell, 1998). Axtell, R. E. (1998). *Gestures: The do’s and taboos of body language around the world*. New York, NY: Wiley. In the United States, for example, if we nod our head up and down, we mean yes, and if we shake it back and forth, we mean no. In Bulgaria, however, nodding means no, while shaking our head back and forth means yes! In the United States, if we make an “O” by putting our thumb and forefinger together, we mean “OK,” but the same gesture in certain parts of Europe
The meaning of a gesture may differ from one society to another. This familiar gesture means “OK” in the United States, but in certain parts of Europe it signifies an obscenity. An American using this gesture might very well be greeted with an angry look.

Some of our most important symbols are objects. Here the U.S. flag is a prime example. For most Americans, the flag is not just a piece of cloth with red and white stripes and white stars against a field of blue. Instead, it is a symbol of freedom, democracy, and other American values and, accordingly, inspires pride and patriotism. During the Vietnam War, however, the flag became to many Americans a symbol of war and imperialism. Some burned the flag in protest, prompting angry attacks by bystanders and negative coverage by the news media.

Other objects have symbolic value for religious reasons. Three of the most familiar religious symbols in many nations are the cross, the Star of David, and the crescent moon, which are widely understood to represent Christianity, Judaism, and Islam, respectively. Whereas many cultures attach no religious significance to these shapes, for many people across the world they evoke very strong feelings of religious faith. Recognizing this, hate groups have often desecrated these symbols.

As these examples indicate, shared symbols, both nonverbal communication and tangible objects, are an important part of any culture but also can lead to misunderstandings and even hostility. These problems underscore the significance of symbols for social interaction and meaning.

Language

Perhaps our most important set of symbols is language. In English, the word chair means something we sit on. In Spanish, the word silla means the same thing. As long as we agree how to interpret these words, a shared language and thus society are possible. By the same token, differences in languages can make it quite difficult to communicate. For example, imagine you are in a foreign country where you do not know the language and the country’s citizens do not know yours. Worse yet, you forgot to bring your dictionary that translates their language into yours, and vice
versa, and your iPhone battery has died. You become lost. How will you get help? What will you do? Is there any way to communicate your plight?

As this scenario suggests, language is crucial to communication and thus to any society’s culture. Children learn language from their culture just as they learn about shaking hands, about gestures, and about the significance of the flag and other symbols. Humans have a capacity for language that no other animal species possesses. Our capacity for language in turn helps make our complex culture possible.


Language, of course, can be spoken or written. One of the most important developments in the evolution of society was the creation of written language. Some of the preindustrial societies that anthropologists have studied have written language, while others do not, and in the remaining societies the “written” language consists mainly of pictures, not words. Figure 3.1 "The Presence of Written Language (Percentage of Societies)" illustrates this variation with data from 186 preindustrial societies called the Standard Cross-Cultural Sample (SCCS), a famous data set compiled several decades ago by anthropologist George Murdock and colleagues from information that had been gathered on hundreds of preindustrial societies around the world (Murdock & White, 1969). Murdock, G. P., & White, D. R. (1969). Standard cross-cultural sample. *Ethnology*, 8, 329–369. In Figure 3.1 "The Presence of Written Language (Percentage of Societies)", we see that only about one-fourth of the SCCS societies have a written language, while about equal proportions have no language at all or only pictures.
Figure 3.1  The Presence of Written Language (Percentage of Societies)

Source: Data from Standard Cross-Cultural Sample.

To what extent does language influence how we think and how we perceive the social and physical worlds? The famous but controversial Sapir-Whorf hypothesis, named after two linguistic anthropologists, Edward Sapir and Benjamin Lee Whorf, argues that people cannot easily understand concepts and objects unless their language contains words for these items (Whorf, 1956).

Whorf, B. (1956). Language, thought and reality. Cambridge, MA: MIT Press. Language thus influences how we understand the world around us. For example, people in a country such as the United States that has many terms for different types of kisses (e.g. buss, peck, smack, smooch, and soul) are better able to appreciate these different types than people in a country such as Japan, which, as we saw earlier, only fairly recently developed the word kissu for kiss.

Another illustration of the Sapir-Whorf hypothesis is seen in sexist language, in which the use of male nouns and pronouns shapes how we think about the world (Miles, 2008). Miles, S. (2008). Language and sexism. New York, NY: Cambridge University Press. In older children’s books, words like fireman and mailman are

8. The view that language influences the thoughts and perceptions of people in a society.
common, along with pictures of men in these jobs, and critics say they send a message to children that these are male jobs, not female jobs. If a teacher tells a second-grade class, “Every student should put his books under his desk,” the teacher obviously means students of both sexes but may be sending a subtle message that boys matter more than girls. For these reasons, several guidebooks promote the use of nonsexist language (Maggio, 1998).


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<th>Term</th>
<th>Alternative</th>
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<tr>
<td>Businessman</td>
<td>Businessperson, executive</td>
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<tr>
<td>Fireman</td>
<td>Fire fighter</td>
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<tr>
<td>Chairman</td>
<td>Chair, chairperson</td>
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<tr>
<td>Policeman</td>
<td>Police officer</td>
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<tr>
<td>Mailman</td>
<td>Letter carrier, postal worker</td>
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<tr>
<td>Mankind</td>
<td>Humankind, people</td>
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<tr>
<td>Man-made</td>
<td>Artificial, synthetic</td>
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<tr>
<td>Waitress</td>
<td>Server</td>
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<tr>
<td>He (as generic pronoun)</td>
<td>He or she; he/she; s/he</td>
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<tr>
<td>“A professor should be devoted to his students”</td>
<td>“Professors should be devoted to their students”</td>
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The use of racist language also illustrates the Sapir-Whorf hypothesis. An old saying goes, “Sticks and stones may break my bones, but names will never hurt me.” That may be true in theory but not in reality. Names can hurt, especially names that are racial slurs, which African Americans growing up before the era of the civil rights movement routinely heard. According to the Sapir-Whorf hypothesis, the use of these words would have affected how whites perceived African Americans. More generally, the use of racist terms may reinforce racial prejudice and racial stereotypes.
Sociology Making a Difference

Overcoming Cultural and Ethnic Differences

People from many different racial and ethnic backgrounds live in large countries such as the United States. Because of cultural differences and various prejudices, it can be difficult for individuals from one background to interact with individuals from another background. Fortunately, a line of research, grounded in contact theory and conducted by sociologists and social psychologists, suggests that interaction among individuals from different backgrounds can indeed help overcome tensions arising from their different cultures and any prejudices they may hold. This happens because such contact helps disconfirm stereotypes that people may hold of those from different backgrounds (Dixon, 2006; Pettigrew & Tropp, 2005). Dixon, J. C. (2006). The ties that bind and those that don’t: Toward reconciling group threat and contact theories of prejudice. *Social Forces, 84,* 2179–2204; Pettigrew, T. F., & Tropp, L. R. (2005). Allport’s intergroup contact hypothesis: Its history and influence. In J. F. Dovidio, P. S. Glick, & L. A. Rudman (Eds.), *On the nature of prejudice: Fifty years after Allport* (pp. 262–277). Malden, MA: Blackwell.

Recent studies of college students provide additional evidence that social contact can help overcome cultural differences and prejudices. Because many students are randomly assigned to their roommates when they enter college, interracial roommates provide a “natural” experiment for studying the effects of social interaction on racial prejudice. Studies of such roommates find that whites with black roommates report lowered racial prejudice and greater numbers of interracial friendships with other students (Laar, Levin, Sinclair, & Sidanius, 2005; Shook & Fazio, 2008). Laar, C. V., Levin, S., Sinclair, S., & Sidanius, J. (2005). The effect of university roommate contact on ethnic attitudes and behavior. *Journal of Experimental Social Psychology, 41,* 329–345; Shook, N. J., & Fazio, R. H. (2008). Interracial roommate relationships: An experimental test of the contact hypothesis. *Psychological Science, 19,* 717–723.

It is not easy to overcome cultural differences and prejudices, and studies also find that interracial college roommates often have to face many difficulties in overcoming the cultural differences and prejudices that existed before they started living together (Shook & Fazio, 2008). Shook, N. J., & Fazio, R. H. (2008). Roommate relationships: A comparison of interracial and same-race living situations. *Group Processes & Intergroup Relations, 11,* 425–437. Yet the body of
work supporting contact theory suggests that efforts that increase social interaction among people from different cultural and ethnic backgrounds in the long run will reduce racial and ethnic tensions.

Norms

Cultures differ widely in their norms, or standards and expectations for behaving. We already saw that the nature of drunken behavior depends on society's expectations of how people should behave when drunk. Norms of drunken behavior influence how we behave when we drink too much.

Norms are often divided into two types, formal norms and informal norms. Formal norms, also called mores and laws, refer to the standards of behavior considered the most important in any society. Examples in the United States include traffic laws, criminal codes, and, in a college context, student behavior codes addressing such things as cheating and hate speech. Informal norms, also called folkways and customs, refer to standards of behavior that are considered less important but still influence how we behave. Table manners are a common example of informal norms, as are such everyday behaviors as how we interact with a cashier and how we ride in an elevator.

Many norms differ dramatically from one culture to the next. Some of the best evidence for cultural variation in norms comes from the study of sexual behavior (Edgerton, 1976). Edgerton, R. (1976). Deviance: A cross-cultural perspective. Menlo Park, CA: Cummings. Among the Pokot of East Africa, for example, women are expected to enjoy sex, while among the Gusii a few hundred miles away, women who enjoy sex are considered deviant. In Inis Beag, a small island off the coast of Ireland, sex is considered embarrassing and even disgusting; men feel that intercourse drains their strength, while women consider it a burden. Even nudity is considered terrible, and people on Inis Beag keep their clothes on while they bathe. The situation is quite different in Mangaia, a small island in the South Pacific. Here sex is considered very enjoyable, and it is the major subject of songs and stories.

While many societies frown on homosexuality, others accept it. Among the Azande of East Africa, for example, young warriors live with each other and are not allowed to marry. During this time, they often have sex with younger boys, and this homosexuality is approved by their culture. Among the Sambia of New Guinea, young males live separately from females and engage in homosexual behavior for at least a decade. It is felt that the boys would be less masculine if they continued to

10. Norms that are very important and usually written down; also called laws and mores.
11. Relatively unimportant norms, often unwritten, that still affect people's behavior.
live with their mothers and that the semen of older males helps young boys become strong and fierce (Edgerton, 1976).

Other evidence for cultural variation in norms comes from the study of how men and women are expected to behave in various societies. For example, many traditional societies are simple hunting-and-gathering societies. In most of these, men tend to hunt and women tend to gather. Many observers attribute this gender difference to at least two biological differences between the sexes. First, men tend to be bigger and stronger than women and are thus better suited for hunting. Second, women become pregnant and bear children and are less able to hunt. Yet a different pattern emerges in some hunting-and-gathering societies. Among a group of Australian aborigines called the Tiwi and a tribal society in the Philippines called the Agta, both sexes hunt. After becoming pregnant, Agta women continue to hunt for most of their pregnancy and resume hunting after their child is born (Brettell & Sargent, 2009). Brettell, C. B., & Sargent, C. F. (Eds.). (2009). Gender in cross-cultural perspective (5th ed.). Upper Saddle River, NJ: Prentice Hall.

Some of the most interesting norms that differ by culture govern how people stand apart when they talk with each other (Hall & Hall, 2007). Hall, E. T., & Hall, M. R. (2007). The sounds of silence. In J. M. Henslin (Ed.), Down to earth sociology: Introductory readings (pp. 109–117). New York, NY: Free Press. In the United States, people who are not intimates usually stand about three to four feet apart when they talk. If someone stands more closely to us, especially if we are of northern European heritage, we feel uncomfortable. Yet people in other countries—especially Italy, France, Spain, and many of the nations of Latin America and the Middle East—would feel uncomfortable if they were standing three to four feet apart. To them, this distance is too great and indicates that the people talking dislike each other. If a U.S. native of British or Scandinavian heritage were talking with a member of one of these societies, they might well have trouble interacting, because at least one of them will be uncomfortable with the physical distance separating them.
Rituals

Different cultures also have different rituals, or established procedures and ceremonies that often mark transitions in the life course. As such, rituals both reflect and transmit a culture’s norms and other elements from one generation to the next. Graduation ceremonies in colleges and universities are familiar examples of time-honored rituals. In many societies, rituals help signify one’s gender identity. For example, girls around the world undergo various types of initiation ceremonies to mark their transition to adulthood. Among the Bemba of Zambia, girls undergo a month-long initiation ceremony called the chisungu, in which girls learn songs, dances, and secret terms that only women know (Maybury-Lewis, 1998).

Maybury-Lewis, D. (1998). Tribal wisdom. In K. Finsterbusch (Ed.), Sociology 98/99 (pp. 8–12). Guilford, CT: Dushkin/McGraw-Hill. In some cultures, special ceremonies also mark a girl’s first menstrual period. Such ceremonies are largely absent in the United States, where a girl’s first period is a private matter. But in other cultures the first period is a cause for celebration involving gifts, music, and food (Hathaway, 1997).


Boys have their own initiation ceremonies, some of them involving circumcision. That said, the ways in which circumcisions are done and the ceremonies accompanying them differ widely. In the United States, boys who are circumcised usually undergo a quick procedure in the hospital. If their parents are observant Jews, circumcision will be part of a religious ceremony, and a religious figure called a moyel will perform the circumcision. In contrast, circumcision among the Maasai of East Africa is used as a test of manhood. If a boy being circumcised shows signs of fear, he might well be ridiculed (Maybury-Lewis, 1998).


Are rituals more common in traditional societies than in industrial ones such as the United States? Consider the Nacirema, studied by anthropologist Horace Miner more than 50 years ago (Miner, 1956). Miner, H. (1956). Body ritual among the Nacirema. American Anthropologist, 58, 503–507. In this society, many rituals have been developed to deal with the culture’s fundamental belief that the human body is ugly and in danger of suffering many diseases. Reflecting this belief, every household has at least one shrine in which various rituals are performed to cleanse the body. Often these shrines contain magic potions acquired from medicine men. The Nacirema are especially concerned about diseases of the mouth. Miner writes, “Were it not for the rituals of the mouth, they believe that their teeth would fall out, their gums bleed, their jaws shrink, their friends desert them, and their lovers reject them” (p. 505).


12. Established procedures and ceremonies that often mark transitions in the life course.
Some norms may change over time within a given culture. In the early 1960s, the hair of the four members of the Beatles barely covered their ears, but many parents of U.S. teenagers were very critical of the length of their hair. 


Anthropologist, 58, 503–507. Many Nacirema engage in “mouth-rites” and see a “holy-mouth-man” once or twice yearly.

Spell Nacirema backward and you will see that Miner was describing American culture. As his satire suggests, rituals are not limited to preindustrial societies. Instead, they function in many kinds of societies to mark transitions in the life course and to transmit the norms of the culture from one generation to the next.

Changing Norms and Beliefs

Our examples show that different cultures have different norms, even if they share other types of practices and beliefs. It is also true that norms change over time within a given culture. Two obvious examples here are hairstyles and clothing styles. When the Beatles first became popular in the early 1960s, their hair barely covered their ears, but parents of teenagers back then were aghast at how they looked. If anything, clothing styles change even more often than hairstyles. Hemlines go up, hemlines go down. Lapels become wider, lapels become narrower. This color is in, that color is out. Hold on to your out-of-style clothes long enough, and eventually they may well end up back in style.

A more important topic on which norms have changed is abortion and birth control (Bullough & Bullough, 1977). Bullough, V. L., & Bullough, B. (1977). Sin, sickness, and sanity: A history of sexual attitudes. New York, NY: New American Library. Despite the controversy surrounding abortion today, it was very common in the ancient world. Much later, medieval theologians generally felt that abortion was not murder if it occurred within the first several weeks after conception. This distinction was eliminated in 1869, when Pope Pius IX declared abortion at any time to be murder. In the United States, abortion was not illegal until 1828, when New York state banned it to protect women from unskilled abortionists, and most other states followed suit by the end of the century. However, the sheer number of unsafe, illegal abortions over the next several decades helped fuel a demand for repeal of abortion laws that in turn helped lead to the Roe v. Wade Supreme Court decision in 1973 that generally legalized abortion during the first two trimesters.
Contraception was also practiced in ancient times, only to be opposed by early Christianity. Over the centuries, scientific discoveries of the nature of the reproductive process led to more effective means of contraception and to greater calls for its use, despite legal bans on the distribution of information about contraception. In the early 1900s, Margaret Sanger, an American nurse, spearheaded the growing birth-control movement and helped open a birth-control clinic in Brooklyn in 1916. She and two other women were arrested within 10 days, and Sanger and one other defendant were sentenced to 30 days in jail. Efforts by Sanger and other activists helped to change views on contraception over time, and finally, in 1965, the U.S. Supreme Court ruled in *Griswold v. Connecticut* that contraception information could not be banned. As this brief summary illustrates, norms about contraception changed dramatically during the last century.

Other types of cultural beliefs also change over time (Figure 3.2 "Percentage of People Who Say They Would Vote for a Qualified African American for President" and Figure 3.3 "Percentage of People Who Agree Women Should Take Care of Running Their Homes"). Since the 1960s, the U.S. public has changed its views about some important racial and gender issues. Figure 3.2 "Percentage of People Who Say They Would Vote for a Qualified African American for President", taken from several years of the General Social Survey (GSS), shows that the percentage of Americans who would vote for a qualified black person as president rose almost 20 points from the early 1970s to the middle of 1996, when the GSS stopped asking the question. If beliefs about voting for an African American had not changed, Barack Obama would almost certainly not have been elected in 2008. Figure 3.3 "Percentage of People Who Agree Women Should Take Care of Running Their Homes", also taken from several years of the GSS, shows that the percentage saying that women should take care of running their homes and leave running the country to men declined from almost 36% in the early 1970s to only about 15% in 1998, again, when the GSS stopped asking the question. These two figures depict declining racial and gender prejudice in the United States during the past quarter-century.
Values

Values are another important element of culture and involve judgments of what is good or bad and desirable or undesirable. A culture’s values shape its norms. In Japan, for example, a central value is group harmony. The Japanese place great emphasis on harmonious social relationships and dislike interpersonal conflict. Individuals are fairly unassertive by American standards, lest they be perceived as
Individualism in the United States

In the United States, of course, the situation is quite different. The American culture extols the rights of the individual and promotes competition in the business and sports worlds and in other areas of life. Lawsuits over the most frivolous of issues are quite common and even expected. Phrases like “Look out for number one!” abound. If the Japanese value harmony and group feeling, Americans value competition and individualism. Because the Japanese value harmony, their norms frown on self-assertion in interpersonal relationships and on lawsuits to correct perceived wrongs. Because Americans value and even thrive on competition, our norms promote assertion in relationships and certainly promote the use of the law to address all kinds of problems.

Figure 3.4 "Percentage of People Who Think Competition Is Very Beneficial" illustrates this difference between the two nations’ cultures with data from the 2002 World Values Survey (WVS), which was administered to random samples of the adult populations of more than 80 nations around the world. One question asked in these nations was, “On a scale of one (‘competition is good; it stimulates people to work hard and develop new ideas’) to ten (‘competition is harmful; it brings out the worst in people’), please indicate your views on competition.” Figure 3.4 "Percentage of People Who Think Competition Is Very Beneficial" shows the percentages of Americans and Japanese who responded with a “one” or “two” to this question, indicating they think competition is very beneficial. Americans are about three times as likely as Japanese to favor competition.
The Japanese value system is a bit of an anomaly, because Japan is an industrial nation with very traditional influences. Its emphasis on group harmony and community is more usually thought of as a value found in traditional societies, while the U.S. emphasis on individuality is more usually thought of as a value found in industrial cultures. Anthropologist David Maybury-Lewis (1998, p. 8) describes this difference as follows: “The heart of the difference between the modern world and the traditional one is that in traditional societies people are a valuable resource and the interrelations between them are carefully tended; in modern society things are the valuables and people are all too often treated as disposable.” In industrial societies, continues Maybury-Lewis, individualism and the rights of the individual are celebrated and any one person’s obligations to the larger community are weakened. Individual achievement becomes more important than values such as kindness, compassion, and generosity.

Other scholars take a less bleak view of industrial society, where they say the spirit of community still lives even as individualism is extolled (Bellah, Madsen, Sullivan, Swidler, & Tipton, 1985). Bellah, R. N., Madsen, R., Sullivan, W. M., Swidler, A., & Tipton, S. M. (1985). Habits of the heart: Individualism and commitment in American life. Berkeley: University of California Press. In American society, these two simultaneous values sometimes create tension. In Appalachia, for example, people view themselves as rugged individuals who want to control their own fate. At the same time, they have strong ties to families, relatives, and their neighbors. Thus their sense of independence conflicts with their need for dependence on others.
The Work Ethic

Another important value in the American culture is the work ethic. By the 19th century, Americans had come to view hard work not just as something that had to be done but as something that was morally good to do (Gini, 2000). Gini, A. (2000). *My job, my self: Work and the creation of the modern individual*. New York, NY: Routledge. The commitment to the work ethic remains strong today: in the 2008 General Social Survey, 72% of respondents said they would continue to work even if they got enough money to live as comfortably as they would like for the rest of their lives.

Cross-cultural evidence supports the importance of the work ethic in the United States. Using earlier World Values Survey data, Figure 3.5 "Percentage of People Who Take a Great Deal of Pride in Their Work" presents the percentage of people in United States and three other nations from different parts of the world—Mexico, Poland, and Japan—who take “a great deal of pride” in their work. More than 85% of Americans feel this way, compared to much lower proportions of people in the other three nations.

![Figure 3.5 Percentage of People Who Take a Great Deal of Pride in Their Work](image)

Source: Data from World Values Survey, 1993.

Closely related to the work ethic is the belief that if people work hard enough, they will be successful. Here again the American culture is especially thought to promote the idea that people can pull themselves up by their “bootstraps” if they work hard.
enough. The WVS asked whether success results from hard work or from luck and connections. Figure 3.6 "Percentage of People Who Think Hard Work Brings Success" presents the proportions of people in the four nations just examined who most strongly thought that hard work brings success. Once again we see evidence of an important aspect of the American culture, as U.S. residents were especially likely to think that hard work brings success.

Figure 3.6 Percentage of People Who Think Hard Work Brings Success

Source: Data from World Values Survey, 1997.

If Americans believe hard work brings success, then they should be more likely than people in most other nations to believe that poverty stems from not working hard enough. True or false, this belief is an example of the blaming-the-victim ideology introduced in Chapter 1 "Sociology and the Sociological Perspective". Figure 3.7 "Percentage of People Who Attribute Poverty to Laziness and Lack of Willpower" presents WVS percentages of respondents who said the most important reason people are poor is "laziness and lack of willpower." As expected, Americans are much more likely to attribute poverty to not working hard enough.
We could discuss many other values, but an important one concerns how much a society values women’s employment outside the home. The WVS asked respondents whether they agree that “when jobs are scarce men should have more right to a job than women.” Figure 3.8 "Percentage of People Who Disagree That Men Have More Right to a Job Than Women When Jobs Are Scarce" shows that U.S. residents are more likely than those in nations with more traditional views of women to disagree with this statement.

Source: Data from World Values Survey, 2002.
Artifacts

The last element of culture is the artifacts\(^{14}\), or material objects, that constitute a society’s material culture. In the most simple societies, artifacts are largely limited to a few tools, the huts people live in, and the clothing they wear. One of the most important inventions in the evolution of society was the wheel. Figure 3.9 "Primary Means of Moving Heavy Loads" shows that very few of the societies in the SCCS use wheels to move heavy loads over land, while the majority use human power and about one-third use pack animals.

![Figure 3.9 Primary Means of Moving Heavy Loads](image)

Although the wheel was a great invention, artifacts are much more numerous and complex in industrial societies. Because of technological advances during the past two decades, many such societies today may be said to have a wireless culture, as smartphones, netbooks and laptops, and GPS devices now dominate so much of modern life. The artifacts associated with this culture were unknown a generation ago. Technological development created these artifacts and new language to

\(^{14}\) The material objects that constitute a society’s material culture.
describe them and the functions they perform. Today’s wireless artifacts in turn help reinforce our own commitment to wireless technology as a way of life, if only because children are now growing up with them, often even before they can read and write.

Sometimes people in one society may find it difficult to understand the artifacts that are an important part of another society’s culture. If a member of a tribal society who had never seen a cell phone, or who had never even used batteries or electricity, were somehow to visit the United States, she or he would obviously have no idea of what a cell phone was or of its importance in almost everything we do these days. Conversely, if we were to visit that person’s society, we might not appreciate the importance of some of its artifacts.

In this regard, consider once again India’s cows, discussed in the news article that began this chapter. As the article mentioned, people from India consider cows holy, and they let cows roam the streets of many cities. In a nation where hunger is so rampant, such cow worship is difficult to understand, at least to Americans, because a ready source of meat is being ignored.

Anthropologist Marvin Harris (1974) advanced a practical explanation for India’s cow worship. Millions of Indians are peasants who rely on their farms for their food and thus their existence. Oxen and water buffalo, not tractors, are the way they plow their fields. If their ox falls sick or dies, farmers may lose their farms. Because, as Harris observes, oxen are made by cows, it thus becomes essential to preserve cows at all costs. In India, cows also act as an essential source of fertilizer, to the tune of 700 million tons of manure annually, about half of which is used for fertilizer and the other half of which is used as fuel for cooking. Cow manure is also mixed with water and used as flooring material over dirt floors in Indian households. For all of these reasons, cow worship is not so puzzling after all, because it helps preserve animals that are very important for India’s economy and other aspects of its way of life.
If Indians exalt cows, many Jews and Muslims feel the opposite about pigs: they refuse to eat any product made from pigs and so obey an injunction from the Old Testament of the Bible and from the Koran. Harris thinks this injunction existed because pig farming in ancient times would have threatened the ecology of the Middle East. Sheep and cattle eat primarily grass, while pigs eat foods that people eat, such as nuts, fruits, and especially grains. In another problem, pigs do not provide milk and are much more difficult to herd than sheep or cattle. Next, pigs do not thrive well in the hot, dry climate in which the people of the Old Testament and Koran lived. Finally, sheep and cattle were a source of food back then because beyond their own meat they provided milk, cheese, and manure, and cattle were also used for plowing. In contrast, pigs would have provided only their own meat. Because sheep and cattle were more “versatile” in all of these ways, and because of the other problems pigs would have posed, it made sense for the eating of pork to be prohibited.

In contrast to Jews and Muslims, at least one society, the Maring of the mountains of New Guinea, is characterized by “pig love.” Here pigs are held in the highest regard. The Maring sleep next to pigs, give them names and talk to them, feed them table scraps, and once or twice every generation have a mass pig sacrifice that is intended to ensure the future health and welfare of Maring society. Harris explains their love of pigs by noting that their climate is ideally suited to raising pigs, which are an important source of meat for the Maring. Because too many pigs would overrun the Maring, their periodic pig sacrifices help keep the pig population to manageable levels. Pig love thus makes as much sense for the Maring as pig hatred did for people in the time of the Old Testament and the Koran.

**KEY TAKEAWAYS**

- The major elements of culture are symbols, language, norms, values, and artifacts.
- Language makes effective social interaction possible and influences how people conceive of concepts and objects.
- Major values that distinguish the United States include individualism, competition, and a commitment to the work ethic.
FOR YOUR REVIEW

1. How and why does the development of language illustrate the importance of culture and provide evidence for the sociological perspective?

2. Some people say the United States is too individualistic and competitive, while other people say these values are part of what makes America great. What do you think? Why?
3.3 Cultural Diversity

**LEARNING OBJECTIVES**

1. Define subculture and counterculture and give one example of each.
2. Distinguish cultural relativism and ethnocentrism.

These cow and pig examples remind us that material and nonmaterial cultures often make sense only in the context of a given society. If that is true, then it is important for outsiders to become familiar with other societies and to appreciate their cultural differences. These differences are often referred to as cultural diversity\(^{15}\). Cultural diversity also occurs within a single society, where subcultures and countercultures can both exist.

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\(^{15}\) Variation in the elements of culture from one society to the next.
Learning From Other Societies

Saving Dogs and Cats in South Korea

Sometimes citizens can make a difference. Dog ownership has recently been increasing in South Korea, a nation in which dogs have traditionally been preferred more as a source of food than as pets. Two individuals who can claim credit for the more humane treatment of dogs there are Kyenan Kum and Haesun Park, two women who founded the Korea Animal Protection and Education Society (KAPES; http://www.koreananimals.org/index.htm) in 2007.

The mission of KAPES is to educate South Koreans about the humane treatment of dogs and cats and to promote compassionate treatment of these pets. Kyenan Kum had previously founded the International Aid for Korean Animals (IAKA) organization in 1997, to achieve the same goals. During the next 10 years, IAKA advocated for the more humane treatment of pets and publicized their plight to other nations to help bring international pressure to bear on South Korea. In 2007, IAKA’s efforts proved successful when the Korean government strengthened its Animal Protection Law. With stronger legal protections for pets in place, Kum and Park decided it was now time to focus on convincing the public that pets should be treated humanely, and they founded KAPES to achieve this goal. In December 2008, Park received an award from the Ministry of Agriculture for her efforts, which have included the holding of animal protection festivals and advocating for government funding for animal shelters.

It is not easy to confront a deeply embedded cultural practice as Kyenan Kum and Haesun Park have done. Their example offers inspiration to Americans and other citizens who also dedicate their lives to various kinds of social reforms.

A subculture refers to a group that shares the central values and beliefs of the larger culture but still retains certain values, beliefs, and norms that make it distinct from the larger culture. A good example of a U.S. subculture is the Amish, who live primarily in central Pennsylvania and parts of Ohio and shun electricity and other modern conveniences, including cars, tractors, and telephones. Their way of life is increasingly threatened by the expansion of non-Amish businesses and residences into Amish territory (Rifkin, 2009). Rifkin, G. (2009, January 8). The Amish flock from farms to

16. A smaller culture within a larger culture with distinctive ways of thinking, feeling, and acting.
The Amish in the United States are a subculture that shuns electricity and many other modern conveniences. Since the 1970s, development has cost Lancaster County, Pennsylvania—where many Amish live—thousands of acres of farming land. Some Amish families have moved to other states or left farming to start small businesses, where some do use cell phones and computers. Despite these concessions to modern development, for the most part the Amish live the way they always have. Most still do not drive cars or even ride bikes. The case of the Amish dramatically illustrates the persistence of an old-fashioned subculture and its uneasy fit with the larger, dominant culture.

A counterculture is a group whose values and beliefs directly oppose those of the larger culture and even reject it. Perhaps the most discussed example of a counterculture is the so-called youth counterculture of the 1960s, often referred to as the hippies but also comprising many other young people who did not fit the “tuned-out” image of the hippies and instead were politically engaged against U.S. government policy in Vietnam and elsewhere (Roszak, 1969). Roszak, T. (1969). The making of a counterculture. Garden City, NY: Doubleday. A contemporary example of a U.S. counterculture is the survivalists, whose extreme antigovernment views and hoarding of weapons fit them into the counterculture category (Mitchell, 2002). Mitchell, R. G., Jr. (2002). Dancing at Armageddon: Survivalism and chaos in modern times. Chicago, IL: University of Chicago Press.

Cultural Relativism and Ethnocentrism

The fact of cultural diversity raises some important but difficult questions of cultural relativism and ethnocentrism. Cultural relativism refers to the belief that we should not judge any culture as superior or inferior to another culture. In this view, all cultures have their benefits and disadvantages, and we should not automatically assume that our own culture is better and “their” culture is worse. Ethnocentrism, the opposite view, refers to the tendency to judge another culture by the standards of our own and to the belief that our own culture is indeed superior to another culture. When we think of cow worship in India, it is easy to be amused by it and even to make fun of it. That is why anthropologist Marvin Harris’s analysis was so important, because it suggests that cow worship is in fact very important for the Indian way of life.

Some scholars think cultural relativism is an absolute, that we should never judge another culture’s beliefs and practices as inferior to our own. Other scholars think cultural relativism makes sense up to a point, but that there are some practices that should be condemned, even if they are an important part of another culture, because they violate the most basic standards of humanity. For example, a common...
practice in areas of India and Pakistan is *dowry deaths*, where a husband and his relatives murder the husband’s wife because her family has not provided the dowry they promised when the couple got married (Kethineni & Srinivasan, 2009). Kethineni, S., & Srinivasan, M. (2009). Police handling of domestic violence cases in Tamil Nadu, India. *Journal of Contemporary Criminal Justice, 25*, 202–213. Often they burn the wife in her kitchen with cooking oil or gasoline and make it look like an accident. The number of such dowry deaths is estimated to be at least several hundred every year and perhaps as many as several thousand. Should we practice cultural relativism and not disapprove of dowry deaths? Or is it fair to condemn this practice, even if it is one that many people in those nations accept?

Because dowry death is so horrible, you might be sure we should not practice cultural relativism for this example. However, other cultural practices such as cow worship might sound odd to you but are not harmful, and you would probably agree we should accept these practices on their own terms. Other practices lie between these two extremes. Consider the eating of dog meat, which was mentioned in the “Learning From Other Societies” box. In China, South Korea, and other parts of Asia, dog meat is considered a delicacy, and people sometimes kill dogs to eat them (Dunlop, 2008). Dunlop, F. (2008, August 4). It’s too hot for dog on the menu. *The New York Times*, p. A19. As one observer provocatively asked about eating dog meat, “For a Westerner, eating it can feel a little strange, but is it morally different from eating, say, pork? The dogs brought to table in China are not people’s pets, but are raised as food, like pigs. And pigs, of course, are also intelligent and friendly” (Dunlop, 2008). Dunlop, F. (2008, August 4). It’s too hot for dog on the menu. *The New York Times*, p. A19. Should we accept the practice of eating dog meat on its own terms? Is it any worse than eating pork or slaughtering cattle in order to eat beef? If an Asian immigrant killed and ate a dog in the United States, should that person be arrested for engaging in a practice the person grew up with? Cultural relativism and ethnocentrism certainly raise difficult issues in today’s increasingly globalized world.
KEY TAKEAWAYS

- Subcultures and countercultures are two types of alternative cultures that may exist amid the dominant culture.
- Cultural relativism and ethnocentrism are often in tension, and it is sometimes difficult to determine whether it is appropriate to condemn behaviors that one’s own culture finds repugnant but that another culture considers appropriate.

FOR YOUR REVIEW

1. This section discussed the eating of dog meat in some other cultures. Many Americans and Europeans condemn this practice. Do you think it is appropriate to condemn eating dog meat, or do you think such criticism violates cultural relativism and is thus inappropriate? Explain your answer.
3.4 End-of-Chapter Material

Summary

1. Culture involves the symbols, language, norms, values, and artifacts that characterize any society and that shape the thoughts, behaviors, and attitudes of the members of the society.
2. Scholars continue to debate the relative importance of biology and culture for human behavior. Sociologists favor culture over biology for several reasons, including the cultural variations existing around the world, the inability of biological explanations to account for many differences in groups’ rates of behavior, and the support of biological explanations of behavior for the status quo.
3. Symbols are an important part of culture and help members of a society interact. They include both objects and nonverbal means of communication. Failure to understand the meanings of symbols can make it difficult to interact.
4. Language is another important element of culture and fundamental to communication. If the Sapir-Whorf hypothesis is correct, language shapes the thoughts and perceptions of society’s members.
5. A culture’s norms and values influence how people behave. When we look around the world, we see several dramatic illustrations of cross-cultural variation in norms and values. In Japan, for example, harmony is a central value, while in the United States individualism and competition prevail.
6. Artifacts are the final element of culture and may prove puzzling to people outside a given culture. However, artifacts often make much sense from the perspective of the people living amid a given culture.
7. Cultural relativism and ethnocentrism are two sides of the same coin in the issue of cultural diversity. Many societies have cultural practices that may surprise and even dismay us, and it’s often difficult to decide whether we should accept or instead condemn these practices.
Suppose you meet a young woman from Pakistan in one of your classes, and you gradually become friends with her. One day she tells you that after she receives her degree in sociology, she is supposed to go back to her native country to marry a man in a marriage arranged by her parents and the man’s parents. She has only met this man once and is not in love with him, she tells you, but arranged marriages are part of her country’s culture. Having lived in the United States for more than a year, she is beginning to dread the prospect of marrying a man she does not know and does not love. You sympathize with her plight but also remember from your introduction to sociology course that Americans should not be ethnocentric by condemning out of hand cultural practices in other nations. What, if anything, do you say to your new friend? Explain your answer.